

What is a myelogram?

A myelogram is a procedure that provides a detailed look at your spinal canal, cord and nerves. After an injection of contrast (a form of dye used to enhance the image), the cord and nerves are outlined, and any bulging or deformity of the cord and nerves can be seen. The information obtained will help your doctor in diagnosing abnormalities and assessing the extent of damage, if any, to the cord and nerves. With the information provided, your physician will be able to plan a treatment course specific to your needs.



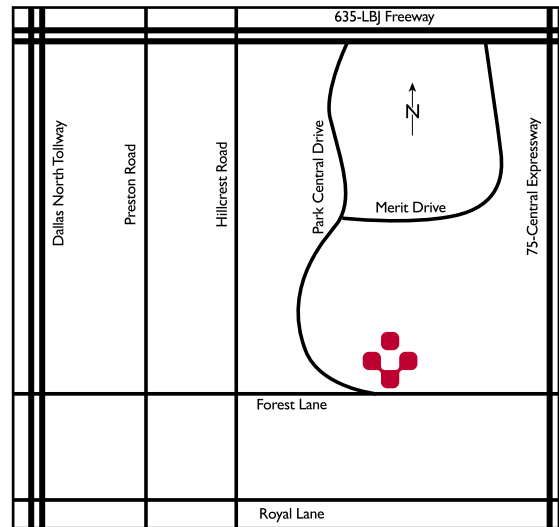
Appointment

Date:

Time:

Special instructions:

You will receive special instructions when you meet with your physician or when you schedule your appointment.



From Merit Drive, enter parking lot D. Medical City Imaging is located inside the main entrance of Building D. Free valet parking is available at the main entrance of Building D.


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MYELOGRAPHY

**Everything you need to know
 about your upcoming procedure.**

Before your exam:

You will receive specific preparation instructions from your physician before your study. Please follow the instructions carefully. Also, you will be asked to follow these instructions:

- Bring all comparison films with you the day of the exam
- Do not eat anything after midnight the evening before (clear liquids are encouraged up to 4 hours before the procedure)
- Do not take any pain medication 4 hours before your procedure

On the day of your exam, please check in through outpatient registration 1 hour before your scheduled appointment time. At your appointment time, you will go to the radiology department where the radiologist will explain the procedure and have you sign the consent forms. We will be happy to answer any questions you may have.

During your exam:

You will be asked to lie on your stomach on a table in the X-ray room. Your back will then be cleaned with a betadine solution, and a drape will be placed over the affected area. First, a local anesthetic will be given in the general area. This will burn similarly to a bee sting. A needle will then be inserted into your back, and X-ray contrast dye will be injected.



Cervical Myelogram



Lumbar Myelogram

Inform the technologist

For your protection, please inform the technologist whether any of the following apply to you:

- You have any allergies
- You ate something before the exam
- You are pregnant or think that you could be pregnant
- You are taking any medications
- You have had any previous surgery
- Your physician gave you any special instructions

Phone Directory

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972-566-3926

The needle will be removed, and a series of X-ray films will be made. Upon completion of the films, you will be taken to the CT scanner for the last portion of your study. The entire process will take approximately 30 minutes to 1 hour to complete.

After your exam:

Upon meeting discharge criteria, you will be sent home to rest quietly for the remainder of the day, preferably lying in bed with 1 to 2 pillows. The contrast you received will pass through your body naturally within a couple of hours. You will also be given instructions regarding activity, diet and problems that may arise.